



Wash your hands thoroughly and clean the outside of the growkit with a dry cloth. Remove the lid and save it for step 2.

Fill the growkit to the edge with lukewarm water (20°C), put the lid back on the growkit and let it soak for 5 minutes.

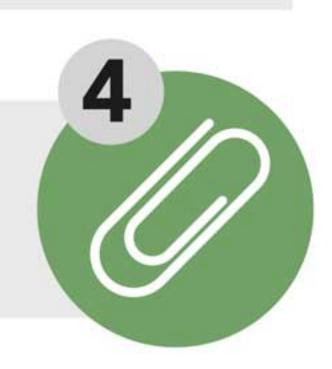
Important: never soak the growkit for more than 1 hour.





Remove the lid from the growkit and drain the water well. Let the growkit drain for 10 seconds.

Place the growkit in the growbag and fill the growbag with a cup (200-250ml) of lukewarm water (20°C). Then fold the top of the bag and close it with 2 paperclips.







Place the growkit in a place with 20-25°C average room temperature. Make sure that the growkit is not in direct sunlight, not under a lamp and not near a radiator/heat source.

Important: the bag must remain closed until the first pinheads form. Until then, the CO2 content and humidity inside the bag should be as high as possible.

When the first pinheads* are visible, let some fresh air into the growbag on a daily basis (for a few minutes) and then moisten the growkit with a misting bottle.

 * Pinheads are the first visible forms of tiny mushroom caps. It can take 10 to 20 days for the first pinheads to be visible.





The mushrooms can be harvested just before the membranes on the bottom of the cap open up. While harvesting gently grasp the stem and turn it left/right. When the mushroom becomes loose, pull it out as carefully as possible.

Important: the mushroom must be completely removed so that there is room for a new one.

Congratulations, the harvest is complete. It is now possible to grow a new flush of mushrooms by repeating steps 4 to 7 again.

